

Medications

Medication Policy

The nurse is not permitted to provide any over-the-counter medication to students. This includes acetaminophen and ibuprofen. Notre Dame Preparatory High School encourages parents and physicians to minimize the prescribing of medication to be taken during the school day. Medication should be given before and after school hours when possible, and dispensed by the nurse only when the student's health may be jeopardized without it, and when needed to maintain/promote the health of the student so that learning is enhanced.

All medication, whether prescription or non-prescription, requires written consent from the parent. This includes Tylenol, Advil, Aleve, Motrin, or cough drops. If your child requires medication to be administered during the school day, an *Authorization for Medication* form must be completed before medication may be given at school. All medications, including over-the-counter, must be provided by the parent.

Medication should be brought to school by the parent in a properly labeled container from the doctor or pharmacy. The label must include the student's name, physician's name, the date of prescription, name of the medication, the dosage, and the frequency of administration. Over-the-counter medication should be in the **original, sealed container and limited to 24-count size**. NO medication will be administered in improperly labeled containers (e.g. plastic bags, envelopes, aluminum foil, and cellophane). Except for emergency medications, all medications will be stored in a locked area, and documentation of the administration of medication will be kept.

Students will not be permitted to carry any medication, including cough drops, during school hours except for those students with a documented need for emergency medication. Emergency medications (i.e. Epi-Pen, Glucagon, inhalers) may be carried by the student and self-administered if the physician indicates this need in writing and considers the student sufficiently responsible.

The school does not assume responsibility for any reactions that may occur following administration of medication sent from home, nor can there be any responsibility assumed if the parent does not send sufficient medication and does not complete the proper medication form. It shall be the student's responsibility to come to the Nurse's Office to receive the medication at the designated time. Due to the schedule and other responsibilities, it is possible for a dosage(s) to be delayed or missed. If it becomes necessary to give a student medication that is not kept at school,

a parent or legal guardian may come to the school and administer the medication in the Nurse's Office.

The *Authorization for Medication* form must be updated with each new school year, with each new illness, and with any change in dosage. This form is available in the Nurse's Office when you drop off the medication. These regulations are for the safety and protection of all students at Notre Dame Preparatory High School. Any medications not picked up within one week of the end of the school year will be destroyed according to diocesan policy.

Authorization to Carry Inhaler/Epi-Pen

Emergency medication may be carried by your child and self-administered if the physician indicates this need in writing and considers the student sufficiently responsible. The Authorization to Carry Inhaler and/or Epi-Pen Form must be completed and on file in the Nurse's Office.