

NDP Our Lady of Victory Invitational Information Packet

9701 E. Bell Rd., Scottsdale, AZ 85260

Date: April 20, 2023

Meet Director: Chris Nash, Notre Dame High School

Admission: Adults-\$5, Students- free, AIA passes welcomed

Entries: All entries will be submitted online through AzMilesplit. You must submit all your entries to AzMilesplit by midnight on Monday, April 17th. Each school will be allowed to enter 3 competitors in each event and one relay.

Entry Fee \$375 for two gender teams or \$190 for single gender team. Make checks payable to

Notre Dame Preparatory

9701 E. Bell Road

Scottsdale, AZ 85260

Attn: Track Invitational

Facilities

- Wingfoot timing.
- 8 lane all-weather track.
- All-weather runways for LJ, TJ, and PV.
- Concrete shot and discus rings.
- All-weather take-off area for HJ.
- Javelin runway a grass surface.

Track Events

- The check-in area will be at the south end of the football field by the finish line. After checking in, athletes may move to the start of each event. Please know your lane assignments.
- The 1600m Relay will be run using a 3-turn stagger.
- Running events will commence at 3:30.

Field Events

- Girls Pole Vault and boys javelin competitions will begin at 2:45.
- LJ and TJ are open pit. Each athlete will get 4 jumps; no finals. Boys will long jump, and girls will triple jump from 3:30-5:30; then switch events from 5:30-7:00.

- Shot, Discus and Javelin: Each athlete will get 4 throws; no finals. Girls will throw shot put first, followed by boys. Boys will throw discus and javelin first, followed by girls.
- No Hog Line will be used for this invitational.
- High Jump: Starting height for girls 4'2" and boys 5'2". Boys will High Jump first, followed by girls.
- Pole Vault: Starting height for girls 6'6" and boys 8'6". Girls will pole vault first, followed by boys.

ORDER OF EVENTS; Boys Followed by Girls in 2023

Opening prayer followed by the National Anthem at 3:10

Pole Vault and javelin competitions will begin at 2:45. All other lane and field events start at 3:30.

4 x 800m

110m/100m High Hurdles

100m

1600m

4 x 100m

400m

300m Intermediate Hurdles

800m

200m

3200m (all combined)

4 x 400m

Additional Information

- Parking for school buses and vans will be in the dirt lot south of the stadium. Enter NDP from the south entrance. School dismisses at 2:30, so it is recommended that teams arrive before 2:30 or after 2:50.
- Food trucks will be available during the track meet. Water jugs will also be available.
- Athletic trainers will be on-site for the meet.
- Hospitality table will be set up for coaches in the south end of the stadium.
- Implement weigh in will occur from 2:00-3:30. A table will be set up at the entrance of the stadium to weight implements.
- Medals will be given to top three finishers in every event.
- Winners for the boys and the girls competition will receive a first place trophy. Scoring will be the standard 10-8-6-5-4-3-2-1.

