

PARENT MEETING

Notre Dame Prep
2022-2023

Reverence * Respect * Responsibility

WELCOME BACK!

- We are excited to work with all our athletic families!
- Please see one of the Athletic Directors **after the meeting** if you have questions.

Tonight's Schedule

- 6:30pm-7:30pm: 9th-10th-Transfer Parent Meeting (all sports) - 11th and 12th grade parents are welcome!
- 7:30pm-8/8:15pm: Fall Coach/Parent Meeting
- Rooms will be announced at the end of this meeting.



PRAYER

Dear Lord,

We pray that you will protect and bless all the athletes, families, coaches, and staff present. As we head into another school year, we ask that you also guide the NDP Athletic Department in the performance of our duties. May we always remember that our children are our most important priority and that we, at all times, do what is best for our athletes in a loving and Christian environment. May we always remember that we shall first minister and serve these students' needs to learn, grow, and develop as individuals.

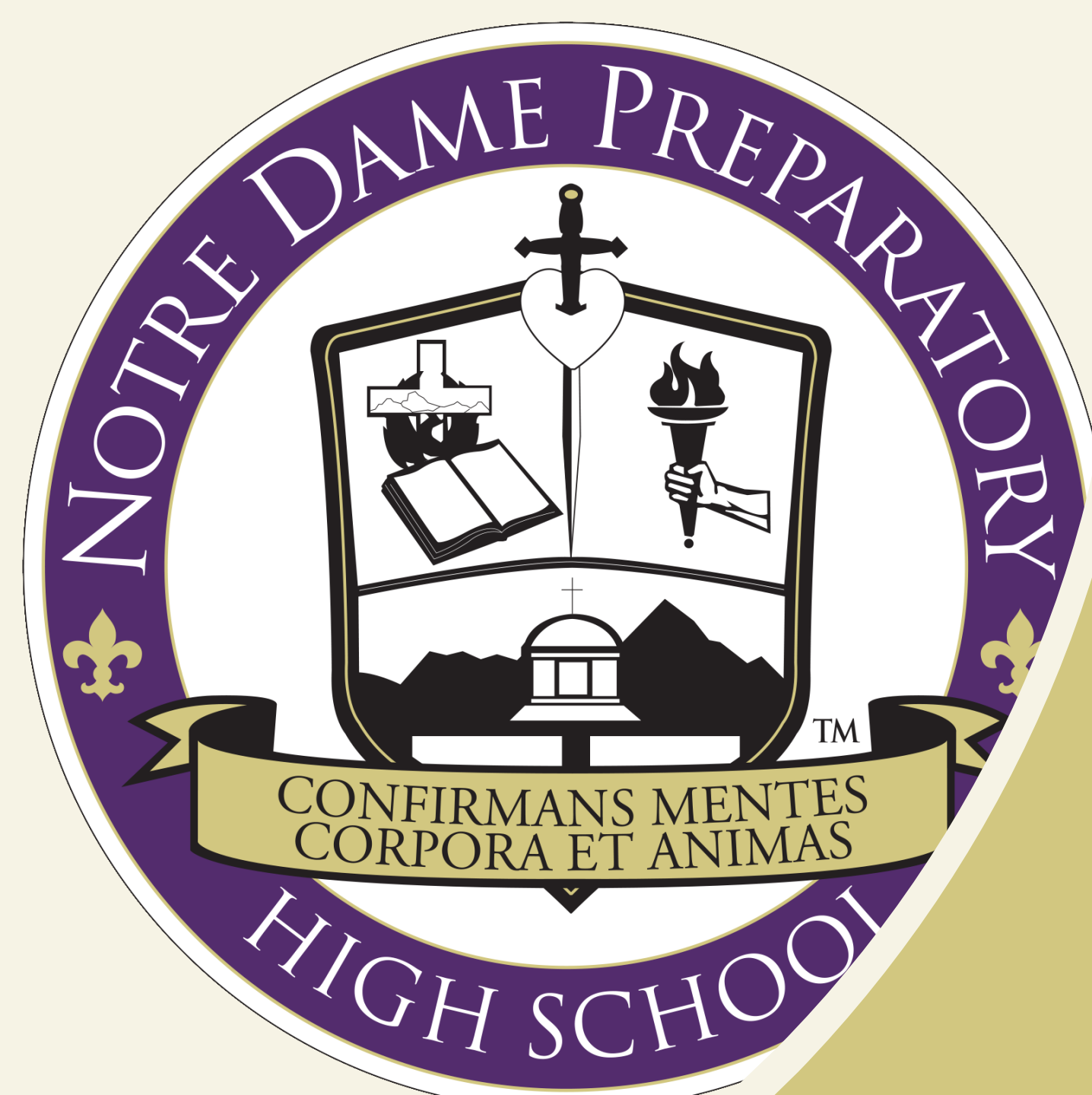
May we use Christ's teachings and example in each encounter with our athletes, coaches, officials and all those people that we will meet when representing NDP. May we always bring honor and dignity to Notre Dame Prep and the Catholic Church.

We thank you for the talents given each of us here today. May we build on our collective experiences and knowledge as we approach each day.

In Christ's name,

Amen.





ATHLETIC DEPARTMENT STAFF

ATHLETIC DIRECTOR

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480-634-8204



ASST. ATHLETIC DIRECTOR BOYS

Christopher Guyll

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ASST. ATHLETIC DIRECTOR GIRLS

Ann Williams

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EQUIPMENT MANAGER

Chico Cochran

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**COACHING
STAFF**

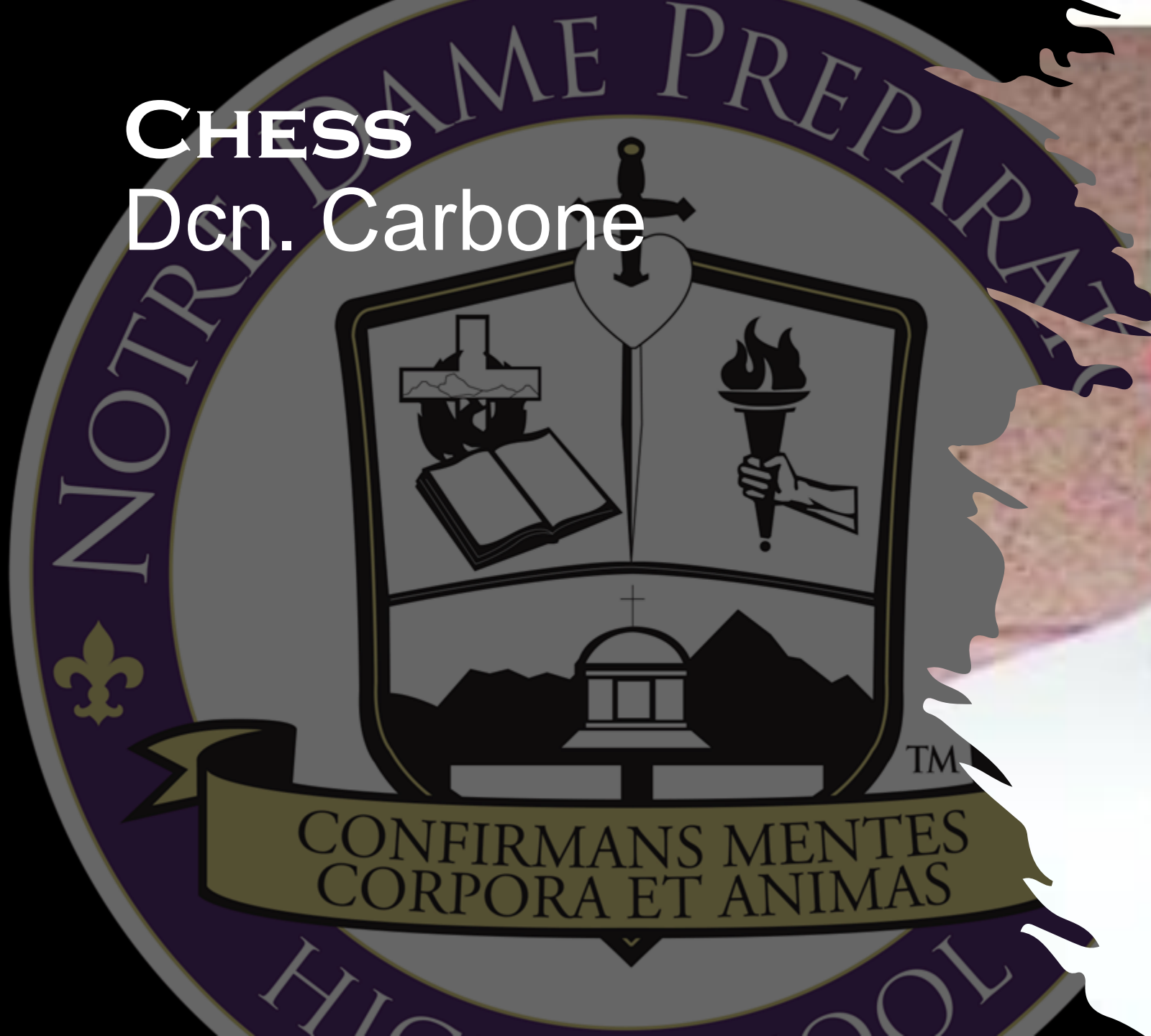
CHEERLEADING

Lauren Mesker



CHESS

Dcn. Carbone



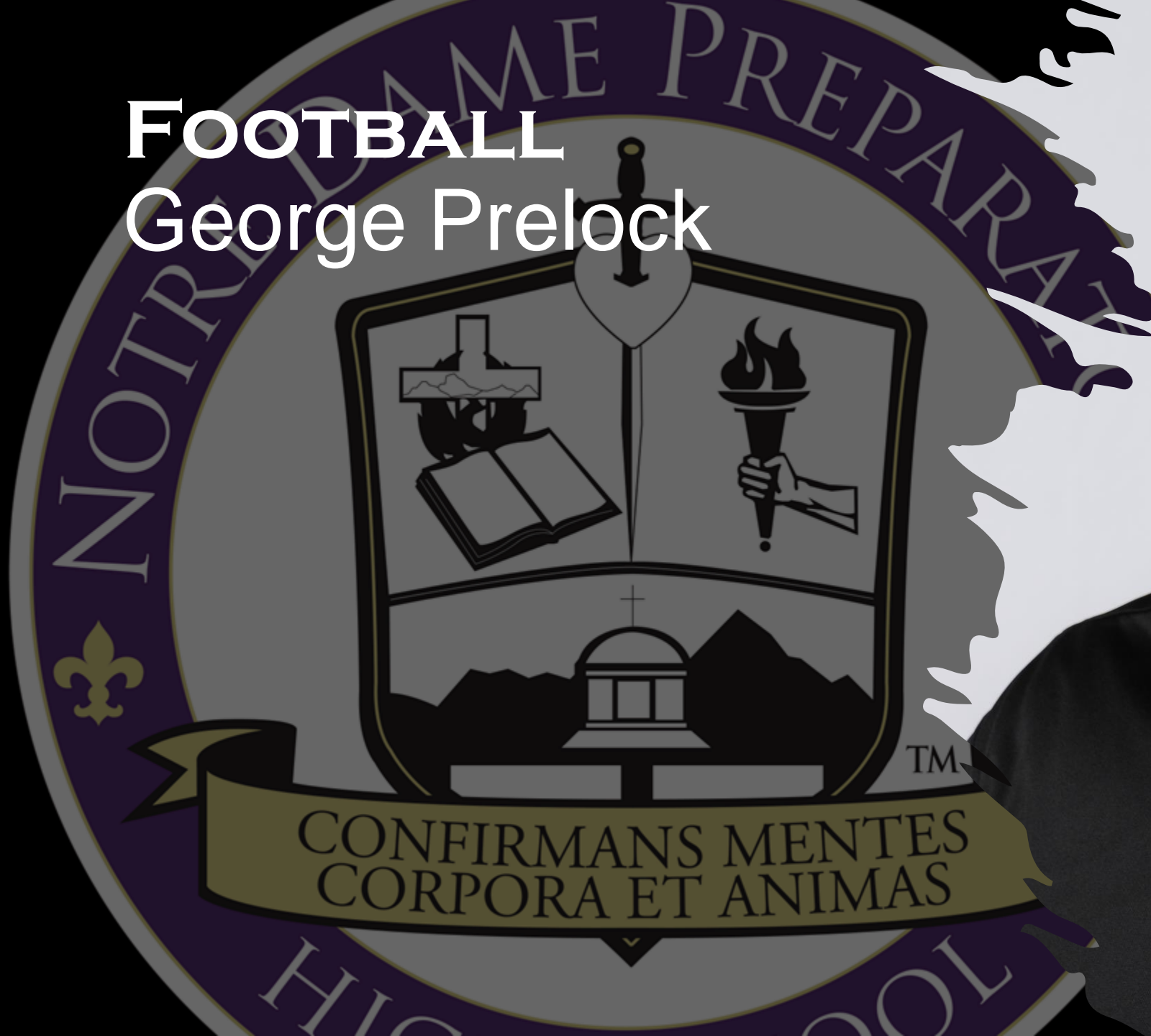
CROSS COUNTRY

Katie Spratford



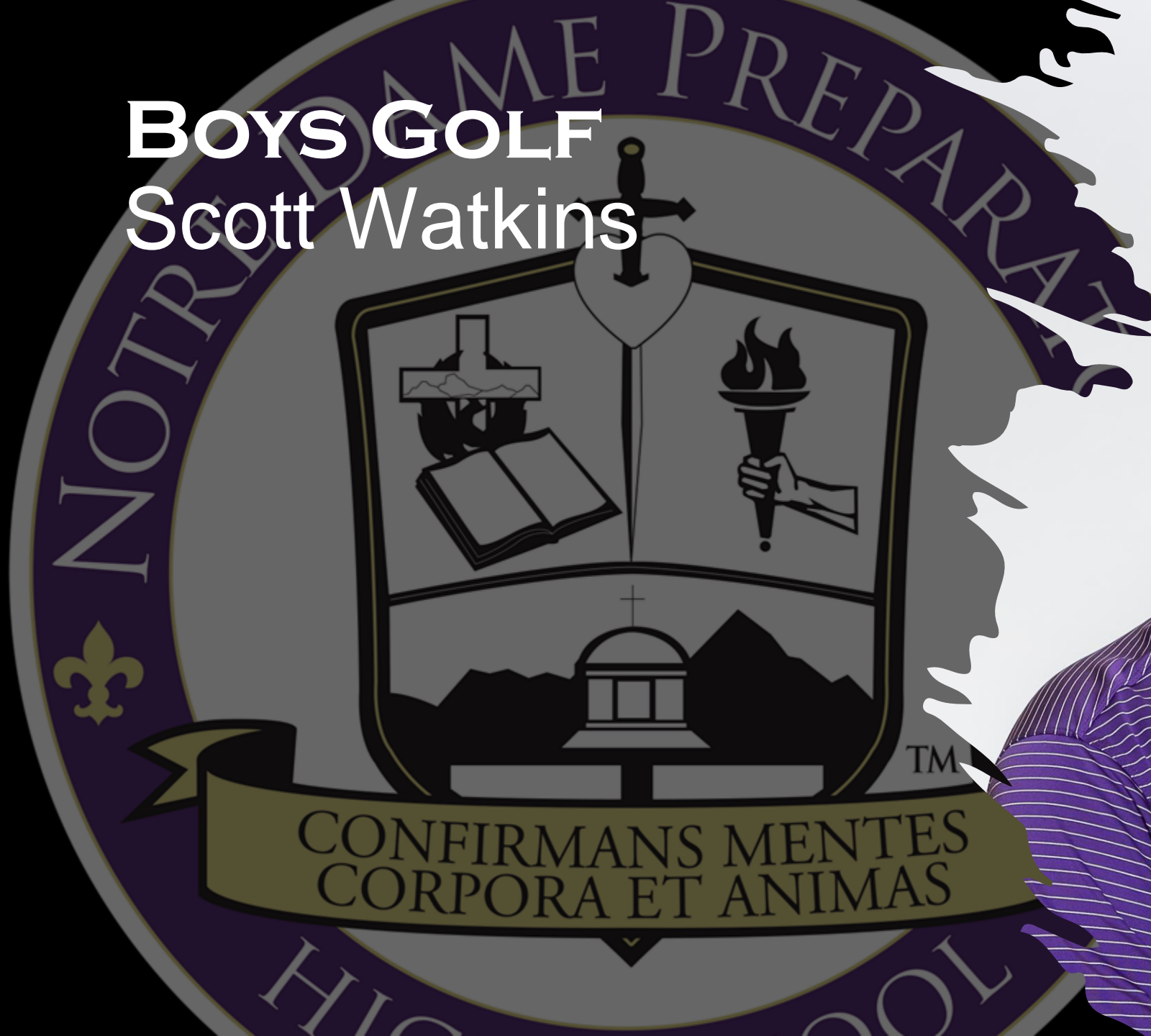
FOOTBALL

George Prelock



BOYS GOLF

Scott Watkins



GIRLS GOLF

Gale Immel



HOCKEY

Charles Miscio

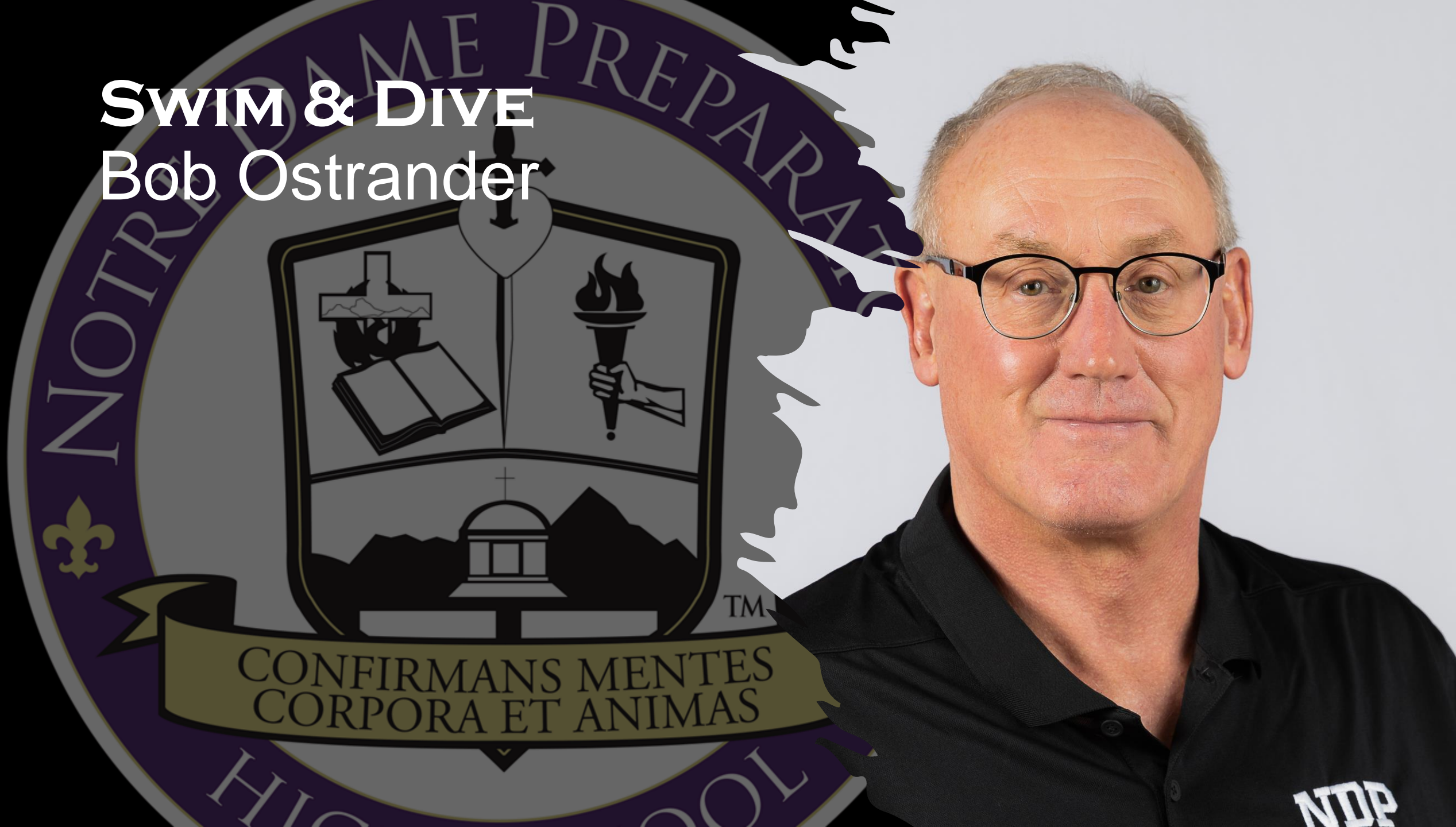


POM
Madison Lymer



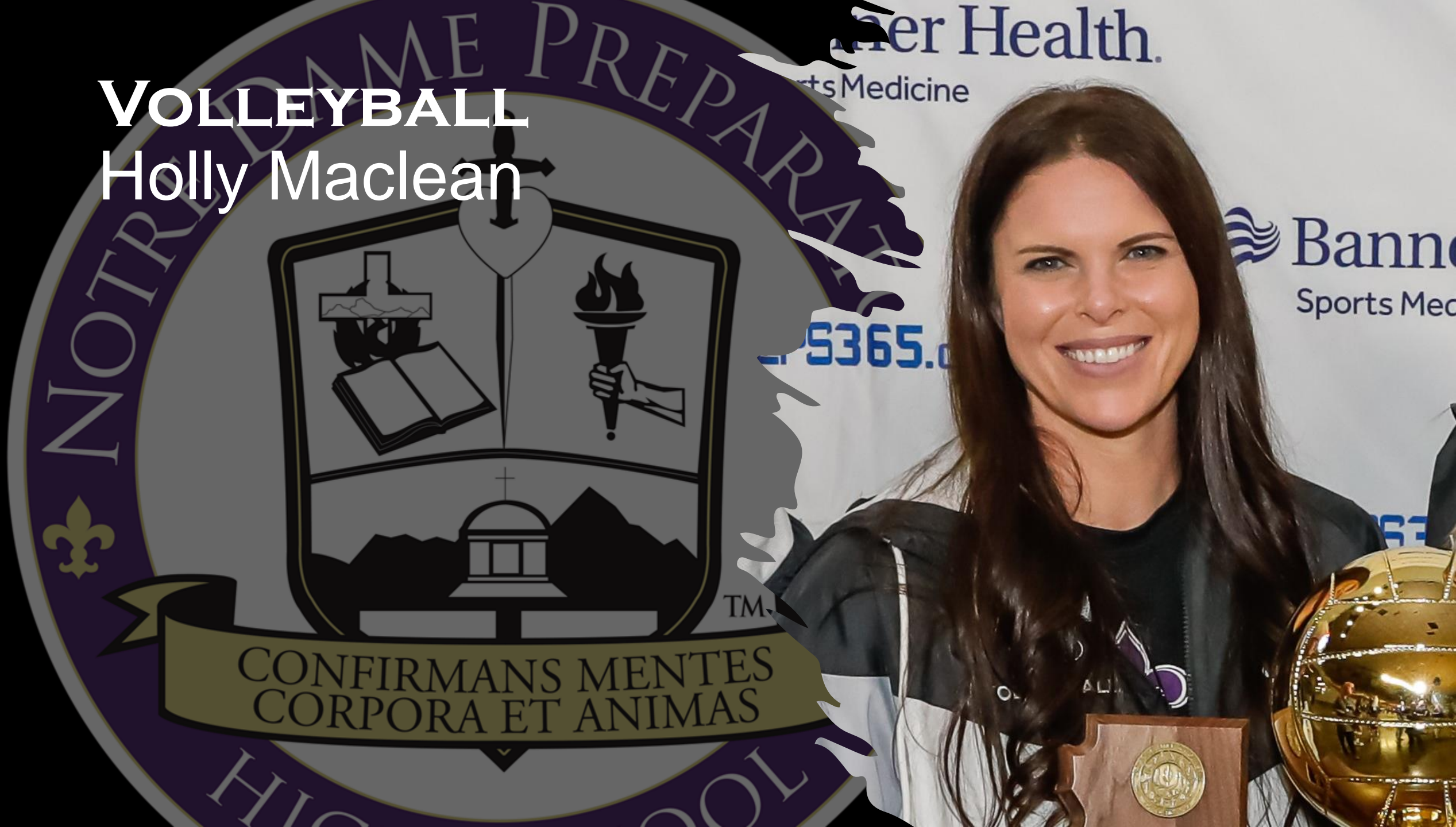
SWIM & DIVE

Bob Ostrander



VOLLEYBALL

Holly Maclean

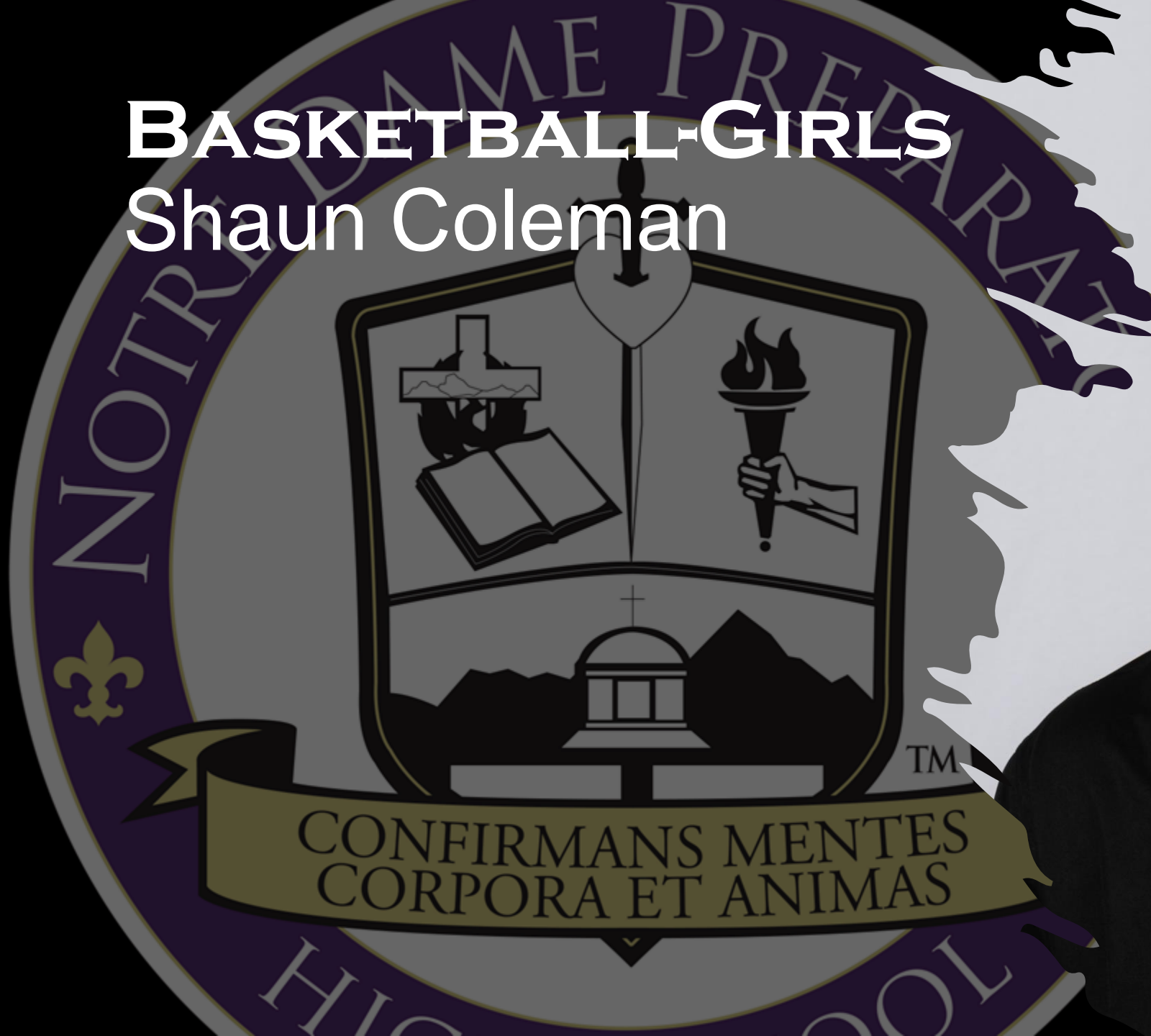


E-SPORTS REBECCA STROLIC



BASKETBALL-GIRLS

Shaun Coleman



BASKETBALL-BOYS LUKE DALLARIVA



BOYS SOCCER

Mike Navarro



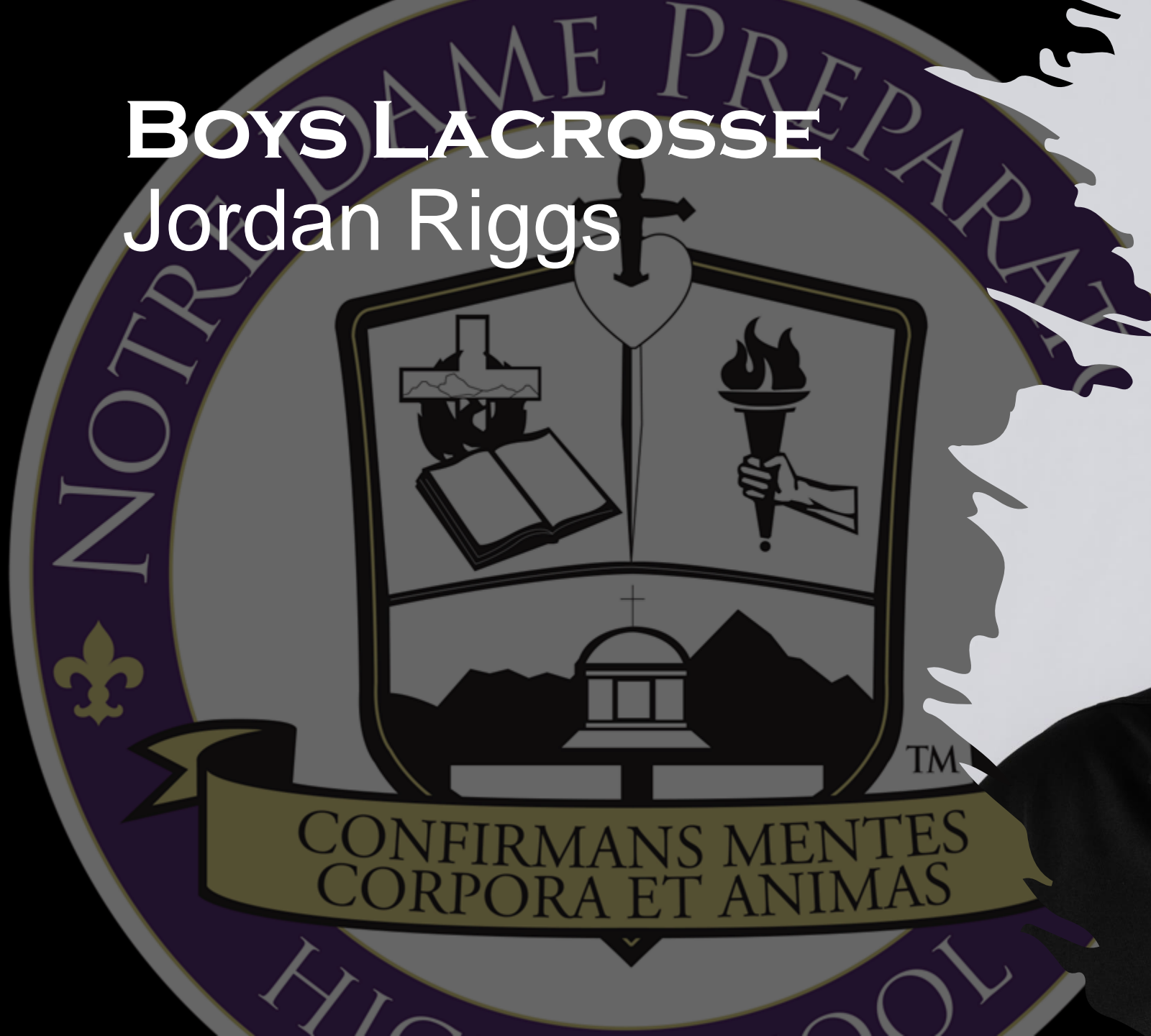
GIRLS SOCCER

Michael Varela



BOYS LACROSSE

Jordan Riggs



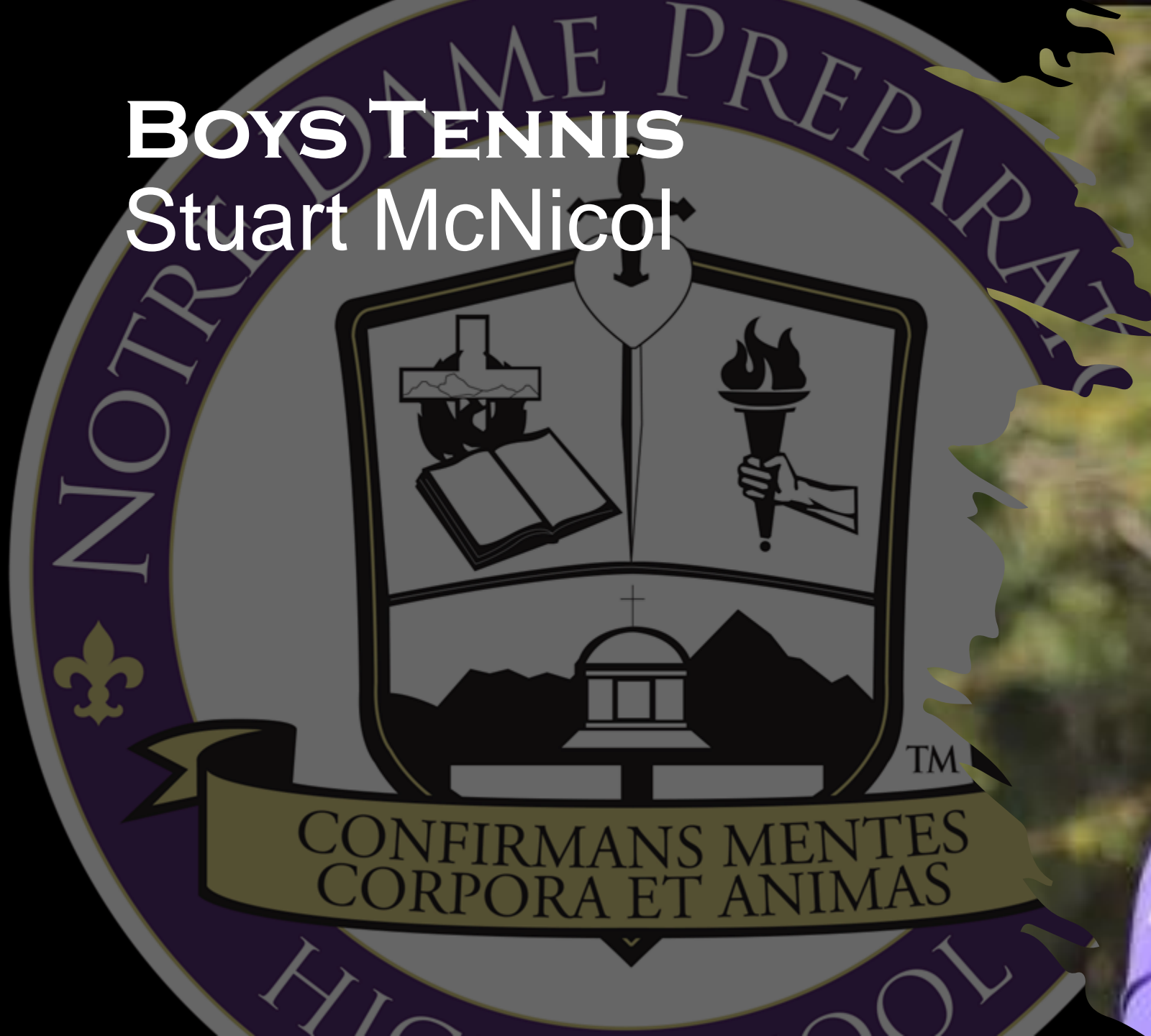
BEACH VOLLEYBALL

Jamie Walsh



BOYS TENNIS

Stuart McNicol



GIRLS TENNIS

Shelley Dinges



BASEBALL

Brian Fischer



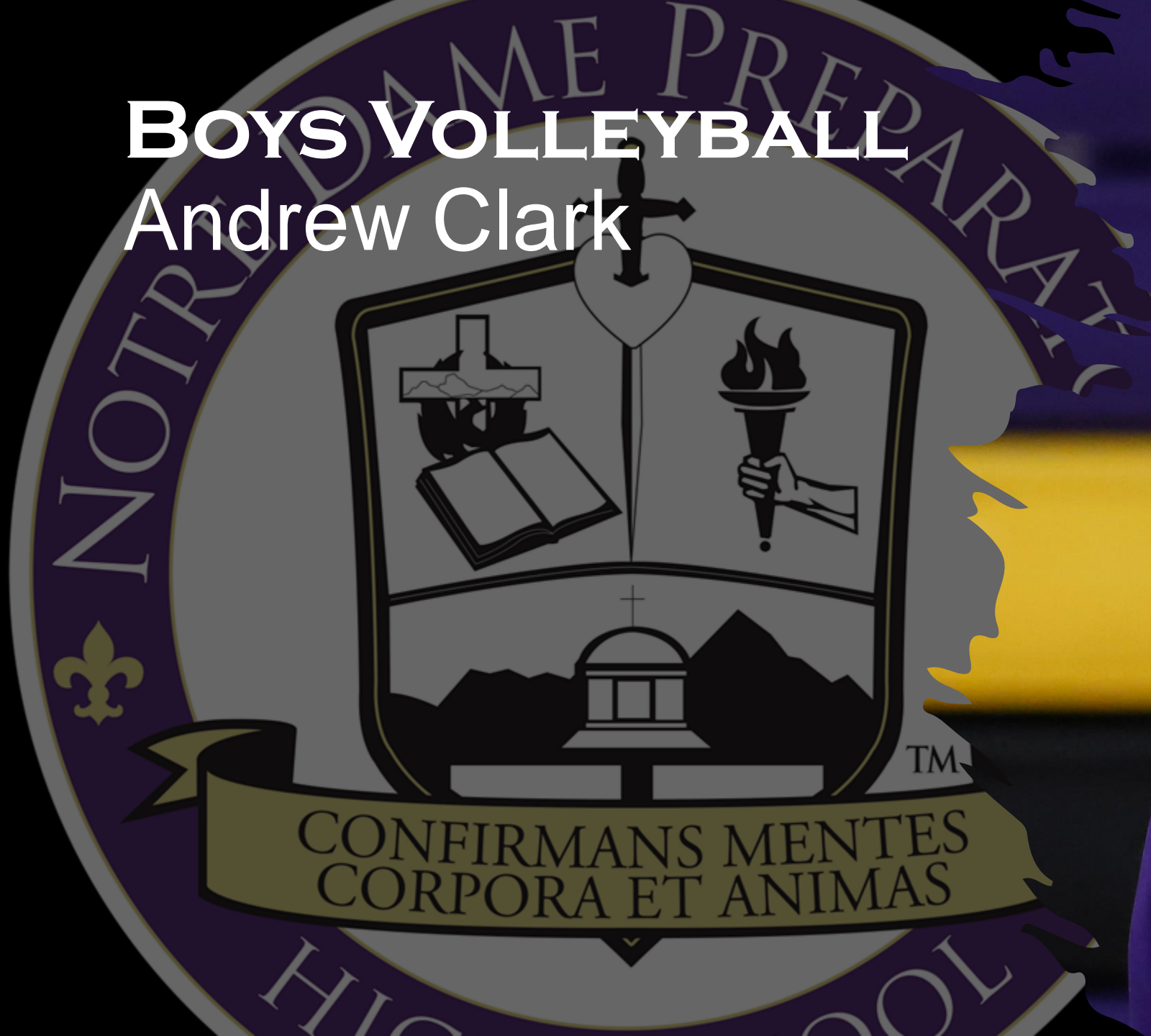
SOFTBALL

Emily Moran



BOYS VOLLEYBALL

Andrew Clark





WRESTLING
Hayes Rollins



GIRLS LACROSSE
Courtney Connor



TRACK
Coach TBA

NDP ATHLETICS PHILOSOPHY

The Notre Dame Prep Athletic Department promotes individual dignity, personal development, and social interaction through its athletic programs. Furthermore, the Athletic Department will do everything it can to provide a quality athletic program for all student athletes in a Christian atmosphere.



NDP ATHLETICS PHILOSOPHY

The Notre Dame Prep Athletic Department does not measure success simply by the number of wins and losses, or the number of trophies or championships won in a given season or year.

Success at NDP is measured by the degree to which we live up to the principles and ideals we instill in all participants.



NDP ATHLETICS PHILOSOPHY

The Notre Dame Prep Athletic Department believes that education comes first. Athletes must remember that the primary reason for attending Notre Dame Prep is to be part of a first-class Catholic educational program. Athletics should NEVER take precedence over education. Judicious and intentional planning should be utilized by students and parents to minimize scheduling conflicts.



ELIGIBILITY

- A student must be in good academic standing. Good academic standing entails that students are earning C- or higher. Any student who is earning an F or 2 Ds will not be in good standing.
- Athletes are required to travel with the team but cannot participate or be in uniform. Students who are deemed ineligible are still permitted to practice (at coach's discretion).
- Grades will be checked for eligibility every Tuesday at 8 AM. The period of ineligibility begins on the Wednesday after the grade check at 8 AM and continues until the next grade check on the following Tuesday. Students who regain eligibility will be eligible to participate again beginning on the following Wednesday.
- The first-grade check of the semester will be 6 weeks after the semester begins.
- Students who fail a first-semester course or fail to meet the minimum Christian service requirement will remain ineligible for the first six weeks of the second-semester term.



REGISTRATION REQUIREMENTS

1. Download the [AIA Pre-participation Physical Examination Form](#)

- Take this form with you to your physical; the exam date must be after **March 1** of the upcoming athletic season

2. **Register Now** for all sports season through [Final Forms](#).

3. **Final Forms will require you to:**

- **Upload** the doctor-signed AIA pre-participation physical form
- Fill in your medical history and health information, medical insurance provider and policy information
- **Upload your Brainbook and Opioid Course Certification** (required for first year and transfer students only)

4. Accept policy agreements with electronic signatures by Parent/Guardian and Student



BULLYING AND HAZING

Notre Dame Prep believes that bullying or hazing activities of any type are inconsistent with the educational process and the mission of our school. All such activities are prohibited and covered by the following Diocesan Policies.

Definition of Bullying:

- "Bullying" is any aggressive and unwanted behavior by a student or group of students that: is intended to harm, intimidate, or humiliate the victim; involves a real or perceived power imbalance between aggressor and victim; and is repeated over time, or causes severe emotional trauma.
- "Bullying" includes cyberbullying.
- "Bullying" does not include ordinary teasing, horseplay, argument, or peer conflict but if chronic, it could be considered.

Definition of Hazing:

Hazing is defined as any intentional, knowing or reckless act committed by a student, whether individually or in concert with other persons, against another student or students, and in which both of the following apply:

1. The act was committed in connection with an initiation into, an affiliation with, or the maintenance of membership in any organization that is affiliated with an educational institution; and
2. The act creates or contributes to a substantial risk of potential physical injury, mental harm or degradation, or actually causes physical injury, mental harm or personal degradation.



COMMUNICATION GUIDE

It is important to remember the 1st link in the communication network is the one established between coach and student. Encourage your student-athlete to speak directly with his/her coach with concerns and questions.

Communication PARENTS should expect from COACHES:

- Coaching philosophy.
- Expectations and season goals for your child and the team.
- Locations and times of all practices and contests.
- Team requirements, such as special equipment, strength and conditioning programs, etc.
- Procedure for handling injuries that occur during participation.
- Team rules, guidelines, and consequences for infractions.
- Lettering criteria.
- Team selection process.
- Eligibility requirements (including academics and attendance).
- Proper care and responsibility for equipment issued by the school.



COMMUNICATION GUIDE

COACHES are not expected to respond to questions involving the following topics:

- Amount of playing time, positioning, event entry.
 - While it can be difficult to accept your child not playing as much as you would like, coaches make these difficult decisions based on what they believe is best for the student-athletes and the team.
- Team strategies, game tactics, play calling, etc.
- Any discussion of other student athletes.

Communication COACHES should expect from ATHLETES & PARENTS:

- Advance notification of any schedule conflicts.
- Notification of illness or injury as soon as possible.
- Concerns expressed directly to the coach. Examples listed below.
 - The treatment of your child.
 - Ways to help your child improve his/her skills.
 - Concerns about your child's behavior.



COMMUNICATION GUIDE

In the event that athletes/parents have a concern to discuss with a coach, the following procedure should be followed:

Please do not attempt to confront a coach before or after a contest/practice.

- 1. Athletes should express their questions/concerns directly to the coach.**
2. Parents/Guardians requesting a meeting should call or e-mail the coach to schedule an appointment.
3. The following meeting guidelines should be followed:
 - The coach will meet with the parents/guardians of one player at a time. The coach is not expected to approve requests to meet with larger groups.
 - Although not mandatory, it is recommended that student athletes be present for the parent/coach conference; bringing all parties to the same table can bring important issues to light and lead to the most effective resolutions.
4. In the event that a parent/coach conference did not provide a satisfactory resolution:
 - Call or email to schedule an appointment with your Assistant Athletic Director to discuss the situation.
 - Please note that all athletic directors will inquire about whether the parent has addressed the concerns with the coach. At this meeting, the appropriate next step can be determined, if necessary.
 - If this next step does not provide a satisfactory resolution, or in the event of an emergency matter to be discussed immediately, the matter may be discussed with the School Athletic Director and/or Assistant Principal for Student Services.



COACH ADDRESS

All coaches should be addressed by:

Coach First Name or Coach Last Name

Never by first name alone. If you hear your student-athlete refer to one of their coaches by first name, please remind them to address them appropriately.

Coach Jason (if they like using the first name)
or Coach Levine.



PLAYING TIME

Varsity Level Programs: The philosophy of the varsity program is to place the best combination of athletes into a game or match situation. This combination of athletes is to be determined by the coaching staff based on their evaluation of the athletes. Playing time is determined by the coaching staff based on their program expectations.

Junior Varsity and Freshman Level Programs: The philosophy of the junior varsity and freshman levels is to emphasize the development of skills for each athlete. Playing time is not guaranteed, but the coaches will attempt to play as many athletes as possible as part of the development of future varsity Saints.



CONDUCT

The athletes of Notre Dame Prep occupy a position of leadership and influence in the school and community. Consequently, the Notre Dame Prep Athletic Department has determined that all athletes must abide by the following listed rules and regulations.

Think about our 3 –

R's before making all decisions: Reverence, Respect and Responsibility.

There shall be no:

- Possession or use of drugs (except approved medications) Possession or use of drug paraphernalia
- Possession or consumption of alcoholic beverages
- Stealing
- Vandalism of school, private, or community property
- Lying
- Possession or use of tobacco
- Fighting
- Verbal, sexual, or physical harassment of anyone (including Bullying/Hazing)



CONDUCT

- Language and dress shall be in accordance with Notre Dame Prep standards. Athletes will dress appropriately and neatly on all trips and during practices.
- Athletes are responsible for completing all pre-season requirements before attending any practice sessions. (This includes transfer paperwork for any transfer student). Athletes will follow all AIA and NDP rules regarding eligibility and are responsible for maintaining their own eligibility.
- Exemplary conduct will be demanded during games, on trips, and on campus, at all times. Athletes are expected to respect parents, teachers, coaches, staff, administrators, and AIA officials, at all times.
- Athletes are responsible for communicating with teachers regarding early dismissal and possible missed work for athletic events.
- Athletes are responsible for reporting all injuries without delay to their coach and the NDP trainer.



CONDUCT

Any violation of the athletic handbook may result in the following consequences:

- Suspension from practice(s)
- Suspension from contest(s)
- Dismissal from the team

Decisions on consequences may be made by and are limited to the school administration, the Athletic Department, and the coaching staff. Any instances not specifically discussed above are subject to the Rules and Regulations of the Notre Dame Prep Student Handbook.



LETTERING AND AWARDS

Individual head coaches will determine the criteria for receiving an athletic letter and other athletic awards that pertain to their given sport. Awards will be given at the end-of-the-year banquet.

The end-of-the-year banquet is the official end of the season. All athletes are expected to attend. A dress code will be enforced for the athlete: shirt and tie for boys and a nice dress for girls. The banquet is optional for parents and guests. Parents, guests, and athletes will be charged the appropriate fee if they choose to attend.



IN-SCHOOL SPORT TRANSFER POLICY

Same season before the first scheduled contest:

Before the first scheduled contest in which an athlete suits up, an athlete may choose to transfer from one program to another program with the consent of the head coach for both of those two sports.

Same season after the first scheduled contest:

After the first scheduled contest in which an athlete suits up, an athlete may not transfer from one program to another program without meeting with the Athletic Director and the coaches involved to discuss the situation.

Two in the same season:

Athletes may not participate in two programs during the same season without the consent of the head coach for both sports.

If an athlete decides to terminate his/her participation on a team after the team has been chosen and before the end of the season, that athlete is ineligible to participate in any capacity (including off-season workouts) with another school sport team until the previous season is officially over.



TRANSFER TO NDP - POLICY

The parents of any athlete transferring to Notre Dame Prep after attending another high school should schedule a meeting with the Athletic Director to discuss the transfer rules and procedures.

Any athlete who has transferred to Notre Dame Prep from another school must complete transfer student forms. Form 550 is required by the Arizona Interscholastic Association and must be completed before the athlete can participate in sports at Notre Dame Prep. This form can be found on the AIA website (www.aiaonline.org).

Notre Dame Prep will abide by the current AIA Transfer Policy in which all transfers will be sitting out 50% of their competitive season. The transfer policy can be found on the website: www.aiaonline.org



TRANSPORTATION

- When athletic teams travel on school-provided transportation, athletes are expected to remain with the group and ride the team bus to and from the site of the game unless arrangements have been made and have been approved by the coach and Athletic Department at least 24 hours before the beginning of the event.
- Buses will bring all athletes back to NDP after the event for pick-up, unless the transportation is one way. Coaches will communicate that information to their parents.
- Parents who attend the event and want to take athletes home must talk to the coach in person before leaving the site. Athletes may leave only with their own parents/guardian.
- Athletes are only permitted to drive their siblings to practice. They may not transport other students.
- A waiver is available for those parents OK with their student-athlete traveling with another parent and/or student-athlete.
- A waiver is available for teams who do not have a 2nd coach to travel in school sponsored transportation. This waiver must be notarized.



UNIFORMS, EQUIPMENT, TATTOOS AND JEWELRY

- Athletes are responsible for the proper care of all uniforms issued by Notre Dame Prep.
- All washing should be done in cold water to prevent colors from bleeding or running. NO uniforms should be washed in hot water. Pre-wash products should be used when necessary. All uniforms should be air-dried and not put into a dryer.
- Athletes are responsible for returning all school-issued uniforms and equipment in good condition. Athletes are responsible for turning in all athletic uniforms and equipment issued to them immediately after completion of any sport season.
- Athletes are also responsible for the proper care of all Notre Dame Prep equipment. Any equipment issued to an athlete should be returned in the same condition as when it was issued.
- No tattoos may be visible, and no jewelry may be worn during any athletic event when representing Notre Dame Prep. This includes all games and practices. Failure to abide by this policy may result in suspension from practices or games.



SPECTATOR BEHAVIOR GUIDELINES

- Athletic events should take place in an environment that is safe for all involved.
- For the safety and enjoyment of all people involved, NDP has instituted strict guidelines for spectator behavior.
- Repeat offenders may be asked to "take a break" from attending our sporting events - home and/or away.



SPECTATOR BEHAVIOR GUIDELINES

Unacceptable spectator behavior includes but is not limited to:

- Cheering against the opponent
 - Rude attempts to distract
 - Yelling at or calling an opponent by number or name
- Cheering against the officials
 - Chanting in response to a call
 - Yelling at or referring to an official by a name
- Altercations with opponent spectators
 - Hostile verbal exchanges
 - Hostile non-verbal communication
- Disrupting other spectators
 - Inappropriate or abusive language which includes “sound-a-like” chants.
 - Throwing objects in the stands
 - Loud or obnoxious yelling or noises
 - Holding large objects that can block the view of others
- Disrupting play
 - Entering the playing area during and after* the contest
 - Throwing objects onto the playing area
 - Any behavior that is disruptive or rude and takes the focus away from the game

***For the safety of the players, coaches, officials, and spectators, rushing the court after a game is not permitted.**

We also feel that booing is in poor taste and strongly discourage it.



POINTS OF EMPHASIS – NDP ADMIN

- NDP has updated our overnight trips policies for coaches to follow - coaches will be given a copy of the policies and procedures.
- NDP will have adequate supervision on buses, vans, and hotels (for trips).
- An administrator will attend overnight trips when students are not rooming with their parents (this could be a department chair, administrator from athletics or front office, or a director on campus)
- All students will have their own bed when traveling with their team.
- NDP has a dedicated employee on campus to assist coaches with booking trips. Hotels, flights, buses, etc., will be booked by an NDP employee. The coach will be given all booking information to share with the families.
- NDP is committed to providing coaches with tools on how identify bullying/hazing and outline how NDP will help in these situations (how to identify certain behaviors)



Family Activity Pass



August 2022 thru June 2023

Reverence | Respect | Responsibility



SCAN ME

- Entrance into All **Regular-Season** Home Athletic Events
- Entrance into All Ticketed Performing Arts Shows
- Valid from Aug. 30, 2022 to June 30, 2023
- \$200/Family -
Parents/Guardians and Students in Your Household 18 and Under
- Restrictions Apply

SPORT BREAKOUT SESSIONS

MEET YOUR COACH!

Tonight's Meeting Spaces

- Gym: Volleyball – all levels
- 804: Boy's Golf
- 402: Girl's Golf
- 403: Swimming
- 406: Pom
- 407: Cheer
- Cafeteria: Hockey

