Dear Students,

As we continue through this difficult time, let us not lose hope. The COMM is thinking of all of you and praying for you and your families at this time. I miss sharing the Examen with you each day, but I am hoping that you take some time just to get in touch with God and let Him know how you are doing.

Remember that He is always with you and is always ready to listen to anything you have to say. Try to keep in touch with your friends and those who might need a "cheer up". Reach out to each other because these days we can all use a kind word, a simple short phone call, a text or an email.

Continue to study hard and do know that you are loved.

Take care!

Sr. Yo

